



LAGUN SARI
Kitchen

DAILY TINGKAT MEALS

NO MSG | FREE DELIVERY | PREPARED FRESH DAILY

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HOME-STYLE MEALS PREPARED FRESH DAILY

Balanced, nourishing dishes designed for:

- Busy professionals
- Young families
- Elderly parents
- Anyone who enjoys elevated comfort food

WHAT EACH MEAL INCLUDES

- One protein main dish
- One seafood or secondary dish
- One vegetable dish
- Rice or specialty grain

WHY MANY FAMILIES CHOOSE TINGKAT

- No grocery shopping
- No cooking after work
- More balanced meals
- Less reliance on takeaway food

*Prepared with moderate oil and seasoning,
so meals remain satisfying without feeling heavy.*

TINGKAT RATES

Includes: 2 proteins + 1 veg + 1 starch daily

EAST DELIVERY ZONE

(Postal codes starting with 34–55, 79 or 82)

1 Pax	\$24/day	\$21.00/day
2 Pax	\$30/day	\$27.00/day
3 Pax	\$41/day	\$39.00/day
4 Pax	\$52/day	\$50.00/day

Additional Pax: \$12.50 per person

OTHER DELIVERY ZONES



3 Pax	\$41/day	\$42.00/day
4 Pax	\$52/day	\$54.00/day

Additional Pax: \$13.50 per person

Minimum 3 pax per address outside East delivery zones.

**DON'T MEET THE 3-PAX
MINIMUM?**

**WE MAY BE ABLE TO COMBINE NEARBY
ORDERS IN YOUR NEIGHBOURHOOD.
CONTACT US TO CHECK AVAILABILITY.**



MENU GUIDE

 **Mild & Kid-Friendly**

Light seasoning with little or no chilli.

 **Spicy**

Contains chilli or noticeable heat.

 **Chef's Special**

Signature dishes recommended by our kitchen.

WEEKLY MENU ROTATION

Menus rotate weekly to ensure variety and balanced nutrition.

WEEK 1

MONDAY

Ayam Gongso 🌶️

Spicy Javanese stir-fried chicken cooked with sweet soy sauce and chilli

Gulai Ikan Nanas Kangkong 🌿

Fish cooked in tangy pineapple coconut curry with water spinach

Seasonal Vegetables 🌿

Chef's daily selection of lightly cooked vegetables

Steam Rice

TUESDAY

Chicken in Spinach Mushroom Sauce 🌿

Tender chicken cooked in creamy spinach and mushroom gravy.

Baked Fish with Creamy Lemon Sauce 🌿

Lightly baked fish served with a mild citrus cream sauce.

Garlic Butter French Beans & Carrots 🌿

French beans and carrots sautéed with garlic butter

Saffron Rice 🌿

Fragrant rice infused with saffron

WEDNESDAY

Chinese Style Beef Stew with Potato & Carrot 🌿

Slow-braised beef cooked with potatoes and carrots in savoury gravy.

Stir Fried Fish in Gong Bao Style 🌶️

Fish fillet stir-fried in sweet savoury chilli Kung Pao sauce.

Braised Eggplant with Minced Chicken 🌿

Eggplant braised with savoury minced chicken.

Steam Rice

THURSDAY

Ayam Kurma Kentang 🌿

Mild creamy curry chicken cooked with potatoes and aromatic spices.

Ikan Masala 🌿

Fish simmered in Indian masala curry gravy

Acar Berempah 🌶️

Pickled vegetables tossed in tangy chilli spices

Nasi Briyani 🌿

Fragrant basmati rice cooked with spices

FRIDAY

Ayam Masam Manis 🌿

Chicken cooked in sweet and tangy tamarind sauce

Udang Lemak Cili Padi 🌶️

Prawns cooked in coconut milk gravy with bird's eye chilli

Kentang Buncis Belado 🌶️

Potatoes and long beans cooked in Indonesian spicy sambal

Steam Rice



WEEK 2

MONDAY

Gulai Kambing 🌶️
Slow-cooked mutton in rich coconut
curry spices

Kupang Lada Hitam 🌶️
Mussels stir-fried in bold
black pepper sauce

Betik Muda Masak Tumis Air 🌿
Young papaya stir-fried lightly
with savoury seasoning

Steam Rice

TUESDAY

Rendang Sapi Padang 🍲 🌶️
Indonesian slow-braised beef cooked in
aromatic coconut spices

Ikan Masak Asam Bawang 🌿
Fish cooked in tangy tamarind
gravy with onions

Kobis Lemak Putih 🌿
Cabbage cooked in light
coconut milk gravy

Steam Rice

WEDNESDAY

Hungarian Chicken Goulash 🌿
Chicken stew cooked with paprika
and vegetables

Battered Fish with Tartar Sauce 🌿
Golden fried fish served
with creamy tartar sauce

Buttered Corn Kernels 🌿
Sweet corn sautéed with butter

Garlic Butter Rice 🌿
Fragrant rice cooked with garlic butter.

THURSDAY

Stewed Beef & Mushroom 🌿
Slow-cooked beef stew
with mushrooms.

Black Pepper Mussels 🌶️
Mussels cooked in spicy
black pepper sauce

Stir Fried Cabbage & French Beans 🌿
Vegetables stir-fried
with light seasoning.

Steam Rice

FRIDAY

Ayam Goreng Sos Tiram 🌿
Fried chicken coated in
savory oyster sauce

Ikan Masak Kicap Berempah 🌿
Fish braised in spiced soy sauce gravy.

Terong Kachang Panjang Belado 🌶️
Eggplant and long beans cooked
in spicy chilli sambal

Steam Rice



WEEK 3

MONDAY

Ayam Semarang 🌿

Sweet savoury Javanese braised chicken with aromatic spices

Sotong Masak Serai 🌿

Squid cooked with fragrant lemongrass

Petola Tumis Suhun Udang 🌿

Luffa gourd stir-fried with glass noodles and shrimp

Steam Rice

TUESDAY

Gulai Ayam Kuning Sengkuang 🌿

Chicken cooked in turmeric coconut curry with yam bean

Sambal Goreng Tahu & Telur Puyuh 🌶️

Fried tofu cooked with spicy sambal and quail eggs

Paprik Sayur Campur 🌶️

Thai-style stir-fried mixed vegetables in chilli sauce

Steam Rice

WEDNESDAY

Beef Adobo (Braised Beef In Soya) 🌿

Filipino-style braised beef cooked with soy sauce and garlic

Sinigang Na Hipon (Seafood Sour Broth) 🌿

Prawns cooked in a light sour tamarind broth

Ginisang Gulay (Stir Fry Veg w/ Shrimp Paste) 🌶️

Vegetables stir-fried with aromatic shrimp paste

Steam Rice

THURSDAY

Chicken Massaman 🌿

Mild Thai coconut curry chicken with warm spices

Thai Chili Lime Fish 🌶️

Fish served with spicy lime chilli sauce

Thai Style Stir Fried Vegetables 🌿

Thai-style stir-fried vegetables

Steam Rice

FRIDAY

Beef Masala 🌶️

Beef cooked in bold Indian masala spices

Bengali Style Fish Curry 🌿

Bengali-style fish curry cooked with mustard spices

Vegetable Dalcha 🌿

Lentil vegetable curry cooked with mild spices

Nasi Briyani



WEEK 4

MONDAY

Opor Ayam 🍗🥥
Chicken braised in
creamy coconut gravy

Sambal Sotong Bawang Tomato 🌶️
Squid cooked in spicy
tomato onion sambal

Seasonal Vegetables 🥬

Ketupat 🍛
Traditional compressed rice cakes

TUESDAY

Kari Kambing Kentang 🌶️
Mutton curry cooked with
potatoes and spices

Udang Rempah Ketumbar 🌿
Prawns cooked with coriander spices

Bendi Goreng Kunyit 🌿
Okra stir-fried with turmeric

Steam Rice

WEDNESDAY

Ayam Kukus Halia Bijan 🌿
Steamed chicken with ginger and
sesame flavours

Sambal Sardin Kentang 🌶️
Sardines cooked with spicy
sambal and potatoes

Kobis Goreng Udang Kering 🌿
Cabbage stir-fried with dried shrimp

Steam Rice

THURSDAY

Mughlai Chicken Korma 🌿
Creamy yogurt-based
North Indian chicken curry

Coconut Fish Curry 🌿
Fish curry cooked in coconut milk gravy

Terong Belado 🌶️
Eggplant cooked in spicy
Indonesian sambal

Steam Rice

FRIDAY

Beef Masak Merah 🌶️
Beef cooked in sweet spicy
tomato chilli sauce

Sotong Masak Serai 🌿
Squid cooked with fragrant lemongrass

Nangka Lemak 🌿
Young jackfruit cooked in creamy
coconut gravy

Steam Rice



WEEK 5

MONDAY

Ayam Rendang Padang 🍗🌶️
Indonesian slow-braised chicken
cooked in rich coconut spices

Ikan Siakap Goreng Belado 🐟🌶️
Fried seabass served with spicy
chilli sambal

Seasonal Vegetables 🌿
Chef's daily selection of
seasonal vegetables

Steam Rice

TUESDAY

Kerutuk Daging (Beef) 🍖🌶️
Traditional Malay beef curry cooked with
rich spices and coconut

Kupang Masak Lemak 🌿
Mussels cooked in creamy coconut gravy

Sayur Campur Sos Tiram 🌿
Mixed vegetables stir-fried
with oyster sauce

Steam Rice

WEDNESDAY

Sambal Ayam Cili Padi Tomyam 🌶️
Chicken cooked with spicy bird's eye
chilli and tomyam flavours

Udang Masak Lemak Kacang Panjang 🌿
Prawns cooked in creamy
coconut gravy with beans

Sayur Petola Tumis Tahu Kering 🌿
Luffa stir-fried with dried tofu

Steam Rice

THURSDAY

Chicken Dopiazza 🌿
Chicken curry cooked with onions and
aromatic spices

Keralan Fish Curry 🌶️
South Indian fish curry
with tangy spices

Bendi Masala 🌶️
Okra cooked in Indian masala spices

Nasi Briyani 🌿
Fragrant basmati rice cooked
with spices

FRIDAY

Thai Style Ayam Masak Kicap 🌿
Chicken braised in savoury
sweet soy sauce

Yellow Squid Curry w/ Jungle Eggplant 🌶️
Squid cooked in Thai yellow
curry with eggplant

Stir Fried Kailan with Oyster Sauce 🌿
Chinese broccoli stir-fried
with oyster sauce

Steam Rice



WEEK 6

MONDAY

Ayam Paprik 🌶️

Thai style stir-fried chicken with chilli and vegetables

Ikan Siakap Goreng Sos Tiga Rasa 🌿

Seabass served with sweet, sour and savoury sauce

Terong Belado 🌶️

Eggplant cooked in spicy chilli sambal

Steam Rice

TUESDAY

Mutton Masala 🌶️

Mutton cooked in Indian masala curry spices

Rendang Sotong 🌶️

Squid cooked in rich Indonesian rendang spices

Acar Nenas 🌿

Tangy pickled pineapple with turmeric spices

Nasi Jagung 🌿

Corn rice with light sweet aroma

WEDNESDAY

Ayam Ungkep Bawang 🌿

Indonesian braised chicken cooked with garlic and spices

Gulai Ikan Kacang Panjang 🌿

Fish curry cooked with long beans

Bendi Tumis Asam 🌿

Okra stir-fried with tangy tamarind

Steam Rice

THURSDAY

Roasted Chicken w/ Herbs & Peppercorn Sauce 🌿

Roasted chicken served with savoury peppercorn sauce

Mussels with Garlic Butter Sauce 🌿

Mussels cooked with creamy garlic butter sauce

French Bean & Corn Kernels w/ Butter 🌿

Butter Rice 🌿

FRIDAY

Beef Caldereta (Stewed Beef in Rich Tomato Sauce) 🌶️🌿

Filipino beef stew cooked with tomato sauce and spices

Ginataang Hipon (Prawns w/ Pumpkin In Coconut Milk) 🌿

Prawns cooked in creamy coconut milk with pumpkin

Bok Choy with Garlic Sauce 🌿

Bok choy stir-fried with garlic sauce

Steam Rice



WEEK 7

MONDAY

Lemongrass Coconut Braised Chicken 🌿

Chicken braised in fragrant coconut and lemongrass gravy

Kam Heong Prawns 🌶️

Malaysian style prawns cooked with aromatic spicy sauce

Stir Fried French Beans w/ Tahu 🌿

French beans stir-fried with tofu

Steam Rice

TUESDAY

Yellow Curry With Potatoes & Beef 🌶️

Thai yellow curry beef cooked with potatoes

Fried Fish w/ Sweet And Spicy Sauce 🌶️

Fried fish served with sweet chilli sauce.

Baked Pumpkin w/ Basil & Yellow Sauce 🌿

Roasted pumpkin served with basil curry sauce

Steam Rice

WEDNESDAY

Crispy Fried Chicken 🌿

Golden crispy fried chicken

Fish Cake with Chilli Crab Sauce 🌶️

Fish cake served with spicy chilli crab sauce

Cucumber, Boiled Eggs, Ikan Bills Kacang, Sambal Tumis 🌶️

Traditional nasi lemak condiments with sambal chilli

Nasi Lemak 🌿

Fragrant coconut rice

THURSDAY

Beef Mechado 🌿

Filipino beef stew cooked in tomato sauce

Ginataang Kalabasa with Mussels in Creamy Coconut Milk 🌿

Mussels cooked in coconut milk with pumpkin

Bulanglang (Vegetables with Fish Soup) 🌿

Filipino vegetable soup cooked with fish broth

Steam Rice

FRIDAY

Ayam Kicap Pedas Daun Limau 🌶️

Chicken cooked in spicy soy sauce with kaffir lime leaves

Ikan Belado 🌶️

Fish cooked in spicy Indonesian chilli sambal

Sambal Goreng Telur Puyuh 🌶️

Quail eggs cooked with spicy sambal sauce

Nasi Puteh

Steamed white rice



WEEK 8

MONDAY

Ayam Kari Kentang 🌶️
Chicken curry cooked with potatoes

Sambal Tumis Udang 🌶️
Prawns cooked in spicy sambal sauce

Seasonal Vegetables 🌿

Steam Rice

TUESDAY

Mutton Rogan Josh 🍲 🌶️
Classic Kashmiri mutton curry with aromatic spices

Ikan Masala 🌶️
Fish cooked in Indian masala spices.

Kari Bendi 🌶️
Okra cooked in Indian curry spices

Dhal Rice 🌿
Rice served with lentil curry

WEDNESDAY

Creamy Chicken Stew 🌿
Chicken slowly cooked in creamy savoury sauce

Teriyaki Fish Fillet 🌿
Fish glazed with sweet Japanese teriyaki sauce

Stir Fried Long Bean & Carrots with Garlic Butter 🌿
Vegetables stir-fried with garlic butter

Garlic Butter Rice 🌿

THURSDAY

Beef Rendang Kerisik 🍲 🌶️
Rich Indonesian beef rendang cooked with toasted coconut

Ikan Tiga Rasa 🌿
Fish served with sweet, sour and savoury sauce

Kobis Lemak Putih 🌿
Cabbage cooked in coconut milk with tofu

Steam Rice

FRIDAY

Crispy Fried Chicken 🌿
Golden crispy fried chicken

Chicken Liver Sambal 🌶️
Chicken liver cooked in spicy sambal sauce

Braised Eggs & Tofu 🌿
Tofu and eggs braised in savoury soy sauce

Chicken Rice & Cucumber 🌿
Steamed chicken rice served with cucumber slices



WEEK 9

MONDAY

Stir Fried Beef With Onions And Capsicum 🌿
Beef stir-fried with onions and capsicum in savoury sauce

Deep Fried Seabass With Spicy Garlic Sauce 🌶️
Crispy seabass served with spicy garlic sauce

Seasonal Vegetables 🌿
Chef's daily selection of seasonal vegetables

Steam Rice

TUESDAY

Mutton Bryani Masala 🍲🌶️
Mutton cooked with aromatic bryani spices

Mixed Seafood Curry 🌶️
Seafood cooked in rich curry gravy

Stir Fried Cabbage w/ Turmeric 🌿
Cabbage stir-fried with turmeric seasoning

Ghee Rice

WEDNESDAY

Beef Bourguignon 🍷🌿
French style slow braised beef cooked in savoury gravy

Pan Fried Fish w/ Butter Cream Herb Sauce 🌿

Butter Milk Corn 🌿
Sweet corn cooked in creamy butter milk sauce

Pasta Aglio Olio 🌿
Pasta sautéed with olive oil and garlic

THURSDAY

Green Curry Chicken With Jungle Eggplant 🌶️

Chicken cooked with Thai green curry and eggplant

Baked Fish with Lemon Sauce 🌿

Stir Fried Broccoli with Mushrooms in Oyster Sauce 🌿

Steam Rice

FRIDAY

Gulai Kambing 🌶️
Mutton cooked in rich Malay coconut curry

Ikan Asam Pedas Melaka 🌶️
Fish cooked in spicy and sour Melaka style gravy

Sayur Campur 🌿
Mixed vegetables stir-fried lightly

Steam Rice



WEEK 10

MONDAY

Ayam Tomyam 🌶️

Chicken cooked in spicy Thai tom yam style gravy

Assam Tamarind Fish 🌿

Fish served with tangy tamarind sauce

Stir Fried Cabbage with Oyster Sauce 🌿

Cabbage stir-fried with oyster seafood sauce

Steam Rice

TUESDAY

Beef Nilaga 🌿

Filipino style beef soup cooked with vegetables

Sinigang Na Hipon (Seafood Sour Broth) 🌿

Prawns cooked in sour tamarind broth

Talong - Talongan (Eggplant) 🌿

Eggplant cooked in light savoury seasoning

Steam Rice

WEDNESDAY

Ayam Panggang Rica Rica 🌶️

Grilled chicken cooked in spicy Indonesian rica rica sauce

Ikan Siakap Goreng Belado 🌶️

Crispy seabass served with spicy belado sambal

Acar Mangga 🌿

Pickled mango salad with tangy spices

Steam Rice

THURSDAY

Stir Fried Beef with Broccoli And Carrots 🌿

Deep Fried Fish with Spicy Chili Sauce 🌶️

Braised Chinese Cabbage 🌿
Chinese cabbage cooked in savoury braised sauce

Steam Rice

FRIDAY

Chicken Keema 🌿

Minced chicken cooked with mild curry spices

Prawn Masala 🌶️

Prawns cooked in Indian masala curry spices

Dhal Potato Curry 🌿

Lentil and potato curry with mild spices

Naan 🌿

Traditional Indian flatbread



WEEK 11

MONDAY

Black Pepper Beef 🌶️
Beef stir-fried with bold black pepper sauce

Stir Fried Squid with Chilli Crab Sauce 🌶️

Bitter Gourd Omelette 🌿

Steam Rice

TUESDAY

Ayam Asam Pedas 🌶️
Chicken cooked in spicy and sour Malay gravy

Ikan Tumis Singgang 🌿
Fish cooked in light herbal broth

Urap Urap Kangkong Taugeh 🌿
Water spinach and bean sprouts tossed with coconut dressing

Steam Rice

WEDNESDAY

Osso Buco (Oxtail) 🍷 🌿
Slow braised oxtail in rich savoury sauce

Baked Mussel with Creamy Leek Sauce 🌿

Baked Potatoes with Cheese 🌿

Butter Rice

THURSDAY

Kambing Kicap Berempah 🌶️
Mutton braised in spiced soy sauce

Ikan Panggang Daun Kunyit 🌿
Grilled fish with turmeric leaf aroma

Lemak Daun Turi 🌿
Vegetables cooked in coconut gravy

Steam Rice

FRIDAY

Ayam Percik Sos Kacang 🍷 🌿
Grilled chicken served with rich peanut sauce

Ikan Sambal Tomato 🌶️
Fish cooked in spicy tomato sambal

Kacang Panjang Belacan 🌶️
Long beans stir-fried with shrimp paste

Steam Rice



WEEK 12

MONDAY

Grilled Chicken with Teriyaki Sauce 🌿

Chicken glazed with sweet Japanese teriyaki sauce

Fish Tempura 🌿

Japanese style crispy battered fish

Seasonal Vegetables 🌿

Steam Rice

TUESDAY

Chinese Style Braised Beef & Potatoes 🌿
Slow braised beef with potatoes in savoury gravy

Stir Fried Mussel with Broad Beans & Celery 🌿

Broccoli with Carrots in Oysters Sauce 🌿

Steam Rice

WEDNESDAY

Beef Stroganoff 🍷🌿
Beef cooked in creamy mushroom stroganoff sauce

Garlic Butter Prawns 🌿
Prawns sautéed with garlic butter

Baked Vegetables with Herb Sauce 🌿
Roasted vegetables served with herb sauce

Mashed Potato 🌿

THURSDAY

Chicken Rendang 🌶️
Chicken cooked in spicy bird's eye chilli rendang sauce

Sambal Udang 🌶️
Prawns cooked in spicy chilli sauce

Kobis Masak Lemak with Tempeh 🌿
Cabbage cooked in coconut gravy with tempeh

Steam Rice

FRIDAY

Kambing Masak Merah 🌶️
Mutton cooked in sweet spicy tomato chilli sauce


Ikan Lemak Chili Padi 🌶️
Fish cooked in coconut milk with bird's eye chilli

Pachri Nanas 🌿
Sweet pineapple and cucumber yoghurt salad

Steam Rice



FAQS



SELF-COLLECTION

Q: Where is self-collection at?

A: 1550 Bedok North Ave 4, #03-08, Bedok Food City, Singapore 489950, during our collection hours.

DELIVERY TIMING

Q: When will my Tingkat be delivered?

A: Deliveries are from 4pm to 6:30pm, Monday to Friday. We cannot promise specific times.

PAYMENT METHODS

Q: What payment methods do you accept?

A: PayNow, Bank Transfer and Credit Card (Visa/Mastercard)

MENU CUSTOMISATION

Q: Can I request changes or dish swaps?

A: Our menus are fixed to ensure quality, balance, and prevent ingredient wastage. Do reach out if necessary. Thank you for understanding.

MENU CYCLE

Q: How do I know my starting menu?

A: Contact our team for details on your menu cycle.

DELIVERY CHARGES

Q: Is delivery free?

A: Yes, we offer complimentary delivery with *flexible scheduling*.

DELIVERY NOTIFICATION

Q: How soon must I notify about my delivery date?

A: At least 2 days in advance.

ORDER PLACEMENT & MODIFICATIONS

Q: How do I order or make changes?

A: Call 6440 7274, WhatsApp 91873278, or email sales@lagun-sari.com.sg.

A 2-day notice is required for changes or cancellations; late changes may incur a fee.